



Lifestyle Spending Accounts

Shape a healthy lifestyle

A Lifestyle Spending Account (LSA) helps you cover a variety of life's expenses!

An LSA can help you save on common eligible expenses like gym memberships, fitness classes and nutrition counseling, as well as other expenses your employer feels are important for a healthy lifestyle.

How it works

- 1** Your employer provides a predetermined amount in your LSA for specific health, wellness and other eligible expenses for reimbursement.
- 2** Once your claim is approved based on eligibility and availability of funds, you'll get reimbursed.
- 3** You can scan and upload your receipt(s) for reimbursement online or on the HSA Bank app to submit a claim.
- 4** You can check your balance online or on the app 24/7.

Tax implications

The LSA funds you use will be included as taxable income on your federal W-2 form. Talk to your employer for details.



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